



MEADOWVIEW NURSING AND REHABILITATION CENTER

Dear Visitors:

We are pleased to announce that visitation restrictions have been lifted. There are a few guidelines, however, that we will need to follow:

- To help reduce the risk of contracting or spreading COVID-19, we are highly recommending that all visitors are vaccinated.
- All visitors will continue to be required to complete the COVID-19 screening process upon entering the building.
- Outdoor visitation continues to be ideal. Indoor visitation is limited to the resident's room and designated area. If a resident's roommate is unvaccinated or immunocompromised (regardless of vaccination status), visits should not be conducted in the resident's room, if possible.
- Face coverings and physical distance will continue to be required during visitation. However, if the resident and all their visitor(s) are fully vaccinated and the resident is not immunocompromised, they may choose not to wear face coverings or masks and to have physical contact in the designated area.
- Visitors should continue to wear face coverings or masks when around other residents or healthcare personnel, regardless of vaccination status.
- Visitation can be conducted through different means based on a facility's structure and residents' needs, such as in resident rooms, dedicated visitation spaces, and outdoors. Visitors will not be permitted to go into another resident's room or socialize in the hallway.
- Regardless of how visits are conducted, certain core principles and best practices reduce the risk of COVID-19 transmission:

Core Principles of COVID-19 Infection Prevention

- Visitors who have a positive viral test for COVID-19, symptoms of COVID-19, or currently meet the criteria for quarantine, should not enter the facility. Facilities should screen all who enter for these visitation exclusions.
- Hand hygiene (use of alcohol-based hand rub is preferred)
- Face covering or mask (covering mouth and nose) and physical distancing at least six feet between people, in accordance with CDC guidance
- Instructional signage throughout the facility and proper visitor education on COVID-19 signs and symptoms, infection control precautions, other applicable facility practices (e.g., use of face covering or mask, specified entries, exits and routes to designated areas, hand hygiene)
- Cleaning and disinfecting high-frequency touched surfaces in the facility often, and designated visitation areas after each visit

- Appropriate staff use of Personal Protective Equipment (PPE)
- Effective cohorting of residents (e.g., separate areas dedicated to COVID-19 care)
- Resident and staff testing conducted as required at 42 CFR § 483.80(h) (see QSO20- 38-NH)
 - We will avoid large gatherings (e.g., parties, events) where large numbers of visitors are in the same space at the same time and physical distancing cannot be maintained. Visitors will not be allowed in the main dining room during meals.
 - Visitors who are unable to adhere to the core principles of COVID-19 infection prevention will not be permitted to visit or will be asked to leave.
 - Meadowview may test residents who leave the facility frequently or for a prolonged length of time, such as over 24 hours.
 - As a reminder, the following are the guidelines for resident outings.
 - < 24 hours out of the building: notify nurses at least 24 hours prior.
 - > 24 hours out of the building will require 72 hours prior notification, so arrangements can be made with pharmacy for your loved one's medications.

Respectfully,