The Atlantic County Division of Public Health Celebrates September as Minority and Multicultural Health Month

Join in our celebration by attending any of our educational programs. **Free blood pressure and cholesterol screenings** will also be provided at each event by the Division of Public Health's nursing staff.

Stress Management

Presented by
Linda Duca, MPH, Health Educator

Thursday, **September 3**, 6-8 PM
Atlantic County Library/Mays Landing
40 Farragut Avenue, Mays Landing

Thursday, **September 10**, 6-7:45 PM
Atlantic County Library/Ventnor
6500 Atlantic Avenue, Ventnor

Nutrition and Fitness

Presented by
Linda Duca, MPH, Health Educator

Wednesday**, September 9**, 6-8 PM
Atlantic County Library/Hammonton
451 Egg Harbor Road, Hammonton

Wednesday**, September 16**, 6-8 PM
Atlantic County Library/Brigantine
201 15th Street South, Brigantine

For more information call: 609-645-7700, ext. 4248

Atlantic County Executive, Dennis Levinson. Atlantic County Board of Chosen Freeholders, James Curcio, Chairman.